

Mr. Hayden Cary

My name is Hayden Cary. I am from Rives, TN. I am a 2015 graduate of Obion County Central High School. I have lived in Obion County my entire life. My family is deeply rooted in Obion County and very passionate in their love for the Obion County School System. I will graduate from The University of Tennessee at Martin with a Bachelors Degree in Health and Human Performance with a K-12 Health and Physical Education licensure. With all of this being said, I am beyond thrilled to be a part of such a tradition-rich school as Lake Road. I hope to continue the traditions and bring some new ideas to the programs with which I am involved. I am excited to create physically literate students and involve the family as a whole in the importance of wellness and a healthy lifestyle.