

Economic-Aid Resources

For help with food, clothing, and/or household utilities and necessities, please contact the following:

1. NW Tennessee Economic- (731) 885-0462
2. Helping Hand- (731) 885-3924. Stacia-staciasmcin@gmail.com.
Facebook-Helping Hand Ministry, Inc.
3. Twin Cities Care (South Fulton) - (731) 479-9662
4. Reelfoot Rural Ministries - (731) 538-9970
5. Trudy's Café- (731) 599-9936. Union City, TN
6. Greater Vision Clothes Closet- 1330 Rutledge Lane in Union City (Near Bargain Hunt) Open Thursdays, Fridays, & the 2nd Saturday of each month from 11-5
7. Obion County Department of Human Resources - (Union City) - (731) 884-2603
8. Second Baptist Church – Union City – (731) 885-5223
Mobile Food Pantry
9. Carey Counseling – (731) 885-8810
Homeless/housing resources